

5 day training course in Brussels with Karl Dawson
Emotional Freedom Technique Master and creator of Matrix Reimprinting



Level 1 and Level 2 - EFT Practitioner Course
11 -13 September 2009
Brussels, Belgium

Matrix Reimprinting Course
14 - 15 September 2009
Brussels, Belgium

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Karl Dawson Bio

Karl Dawson is one of only 29 Emotional Freedom Techniques (EFT) Masters worldwide. Over the last six years, Karl has worked extensively to teach EFT trainees from all over the globe how to transform their emotional health to overcome physical disease, and how to release stress and life trauma from their body's energy system.

Karl's has trained over 700 people to use EFT for their professional and personal use, including doctors, scientists, therapists, counsellors and lay people alike. He is extremely popular with his trainees due to his approachability, his down-to-earth, 'no-nonsense' teaching style and his ability to simplify and distil complex information and make it accessible to all. His popularity has meant that his trainees keep coming back, and has allowed him to build a large community around his work and teachings.

Karl created his '*EFT for Serious Disease*' course in 2006. This specialised and unique training was a result of years of personal research and studying which was inspired by Karl's own previous health issues. The course illustrates how a myriad of stress and life traumas, if left unchecked, can eventually manifest as disease and illness. It also shows how to treat these diseases and illnesses with EFT. Again, the course has proved to be extremely popular, attracting worldwide attendees including medical professionals, holistic health professionals and lay people who are overcoming long-term illness and serious disease.

In 2007, a shift in awareness enabled Karl to gain new understanding behind the causation and resolution of trauma. This new awareness, gained from extensive observation and experience with many different cases of emotional trauma and physical disease, led him to create **Matrix Reimprinting**. Since then the technique has grown and developed through this new understanding and its immense popularity with all who encounter it. The technique, which is an advancement of EFT, employs quantum physics, epigenetics and the new sciences with the use of the bodymind for rapid personal evolution.

In February 2009 Matrix Reimprinting was recognised as a standalone therapy, and resulted in a number of Matrix Reimprinting trainings held in the UK, Ireland, and Czech Republic. Over 200 Matrix Reimprinting practitioners have already qualified since the course began three months ago.

In September 2009 Karl is commencing a Matrix Reimprinting world tour, providing courses in Europe, Thailand, Hong Kong, the U.S and Australia. Karl has also been invited to headline the Australian EFT Extravaganza, a highly attended prestigious event.

As an EFT Master, Karl has collaborated with a number of stars within the personal development community. He has been interviewed by EFT World Magazine, and by Dr Carol Look and Rick Wilkes who feature prominently as presenters within the EFT film phenomena '*Try it on Everything*.' He has presented at EFT Masterclasses in Dallas, Denver and London, and other large EFT conferences to audiences of 200- 400. He has also produced a number of DVD sets from his trainings which are selling extremely well worldwide since their production in 2008.

What is EFT and where does it originate from?

Emotional Freedom Techniques (EFT) is an emotional, needle free version of acupuncture that is based on new discoveries regarding the connection between your body's subtle energies, your emotions, and your health. EFT has been reported successful in thousands of cases covering a huge range of emotional, health and performance issues. ***It often works where nothing else will.***

EFT has its origins way back over 5000 years ago, from the Ancient Chinese Shoalin and Taoist monasteries. This is where the subtle energies and meridians that travel throughout the body were first mapped. The Eastern healing arts of Acupuncture, Acupressure, Shiatsu Massage and Reflexology, amongst others, were derived from these energy maps.

Also important in the EFT process, especially for in depth emotional and psychological issues, are the many people who have contributed over the ages to the understanding of human psychology. More recently, this amazing therapy owes much to the work of Dr George Goodheart - the founder of Applied Kinesiology and Dr Roger Callahan the founder of TFT Thought Field Therapy.

It was in the early 90's that one of Dr Callahan's former students, Gary Craig, simplified the complicated TFT algorithms and made the process universally applicable for all mental, emotional and physical issues. Thus EFT was born.

Good health involves approaching wellness from many different angles. Optimal health and ultimately spiritual growth can only be truly gained from a holistic (complete) approach. The areas we need to address during this adventure we call 'Life' are not limited to the Mind, body and spirit but also the subconscious, the body's energy systems and our emotions - EFT works on all of these areas. It is still often overlooked, but emotional health is absolutely essential to your physical health and healing. No matter how devoted you are to a proper diet and lifestyle, you will not achieve your body's ideal healing and preventative powers if emotional barriers stand in your way.

EFT is based on this theory or Foundation statement ***'All negative emotions are caused by a disruption in the body's energy system.'***

In addition to having a physical body, which is fuelled by food, we humans also run on this intricate energy system which is fuelled by electrical impulses, which run through the body, heart, brain and energy fields. This energy system holds the key to many of the disturbances we experience in our daily lives. When it is out of balance, our emotional life could be compared to a car that is in desperate need of a tune up.

This electromagnetic energy which flows through the body's fields regulating our health is only recently becoming recognised in the West, where modern medicine has concentrated on the physical and chemical nature of the body.

EFT could be described as psychological acupuncture, as it utilizes the same energy meridians used in traditional acupuncture to treat physical and emotional ailments, but without the invasiveness of needles. Instead, simple tapping with the fingertips is used, to input kinetic energy onto specific meridians on the body, while tuned into a specific problem - whether it is a traumatic event, an addiction, pain or anxiety.

The creative use of statements enables the person to tune into the issue and remain focused on the problem during the treatment. This is vital to the success of the therapy.

This combination of tapping the energy meridians and voicing of the statements works to clear the 'energy disruption' or 'emotional block' from your body's energy system, thus restoring your mind and body's balance, which is essential for optimal health and the healing of physical ailments. Most energetic imbalances may be partially or completely relieved within a short time using this process. Others may be relieved through repetition of the process.

EFT is very versatile and has been used successfully by thousands of therapists worldwide with successes on even the most difficult problems, by relieving imbalances in our clients' energy systems. Indeed, because of its very high rate of success, the use of EFT has spread rapidly.

Now medical practitioners can be found in every corner of the world. In the words of Gary Craig - ***'EFT is the missing piece to the healing puzzle.'***

What can EFT be used for?

These techniques have been used successfully to help many thousands of people with a broad range of difficulties. Emotional healing with EFT is capable of dramatically relieving emotional disturbances along with many physical symptoms. These techniques are gentle, rapid and startlingly effective. New or old emotional upsets can often be released in minutes, the results are usually long lasting, and side effects are almost always positive.

Many case histories show large improvements or total healing from:

- Negative Emotions
- Food Cravings
- Reducing or Eliminating Pain
- Implementing Positive Goals
- Cigarette Addiction
- Drug addiction
- Alcohol abuse
- Allergies
- Anxiety and Panic Attacks
- Anger
- Compulsions and Obsessions
- Concentration
- Depression and Sadness
- Dyslexia
- Fears and Phobias
- Grief and Loss
- Guilt
- Insomnia
- Jealousy
- Negative Memories
- Nightmares
- Pain Management
- Peak Performance
- PTSD
- Self Image
- Sexual Abuse Issues
- Shyness
- Traumatic Memories

This is just a partial list of the possibilities. Again, in the words of Gary Craig 'Try it on everything.' But he also suggests and is obviously a matter of common sense that 'You should not go where you are not qualified.' For example, in the case of serious psychological illness.

The use of this technique is relatively new and part of the beginning of a complete revolution in the way we deal with our emotions and health. In many cases, difficulties that have persisted in spite of years of work using the methods of traditional psychology may be relieved in minutes. At most, relief is generally possible within days or weeks rather than years.

It is estimated that over 85% or more of emotional issues treated with these processes are eliminated quickly.

What are the benefits of EFT?

- No side Effects
- No surgical procedures
- No equipment involved
- No needles
- No pills or chemicals
- No pushing or pulling of the body
- No long drawn out 'Tell me your life story'
- No painful, endless sessions
- Often works where nothing else will
- Usually rapid, long lasting and gentle
- Easily learned by anyone
- Can be self applied
- With experience the success rate exceeds 85%



What is Matrix Reimprinting?

'A technique to change your relationship to your past and dramatically transform your physical and emotional health in the present'

As one of only 29 Emotional Freedom Techniques (EFT) Masters worldwide, I've spent the last 7 years at the cutting-edge of the personal development movement. I've trained over 700 people to become EFT practitioners, developed my own specialist course on EFT for Serious Disease, and lectured on EFT all over the world.

In EFT it is recognised that to heal any condition we have to heal the mind and the body simultaneously, and that most of myriad of diseases that are part of our society all have their origins in life stresses, beliefs and traumas. These traumas can easily be resolved with EFT, and the results ultimately affect the physical body.

Inevitably, as I have spent time working with EFT so intensely, I have begun to develop my own variations on the original EFT protocols. One such variation is producing results that are so far beyond the ordinary, that it has become the main focus of my attention. I have named these techniques Matrix Reimprinting.

To understand how Matrix Reimprinting works, you will need a basic introduction to some of the modern theories of quantum physics. What quantum physicists have helped us to understand is that we are all comprised of energy, and that we are all connected by a unified energy field. This notion has been popularized more recently by films such as *The Secret* and *What the Bleep do We Know and The living Matrix*. More and more people are coming to accept the understanding that this field exists.

This energy field was originally referred to as the 'Matrix' by Max Planck in 1944. In more recent years Lynne McTaggart has referred to it simply as 'The Field,' Greg Braden has talked of the 'Divine Matrix,' whilst Rupert Sheldrake has talked of 'Morphic Resonance.'

This field or matrix is all around us, and it connects us to our past. This is because we hold our specific traumas and stressful life experiences in the matrix, and they influence our every thought pattern, behavior and action. To understand how this is so we can draw on the findings of modern psychology in relation to trauma. Any psychotherapist or psychologist can explain what happens in the body when a trauma takes place. Part of us splits off or disassociates to protect us from the trauma, and this is why we often don't remember a traumatic event after it has taken place. But where does this disassociated part go when it leaves us? My experience over the last couple of years has led me to understand that it goes into the Matrix.

We hold in our fields the stressful life events that have gone before, not just as memories but as specific energy bodies, which I have named Energy Consciousness Holograms or ECHOs. With the Matrix Reimprinting techniques we can work directly with these ECHOs, resolving the negative energetic charge around them. This changes our relationship to our past, and affects our emotional and physical health in the present.

The results that I have seen with this technique are astounding beyond all measures and these results are being replicated by the many practitioners I have trained who have implemented these techniques into their practice over the past 18 months. I truly believe we are standing on the precipice of a new healing paradigm by working in the matrix in this way.

What are the benefits of Matrix Reimprinting?

- Very easy to use for personal use and gentle on clients
- Quickly finds core issues, related trauma and beliefs
- Locates pre-conscious trauma (pre 6 years) often beyond clients awareness and conscious memory
- Allows client driven reframes and cognitive shifts thus preventing therapist projection
- Locates Psychological reversal, secondary gains etc
- Fills the EFT void, creates positive beliefs
- Works on dissociated clients with no SUDS levels
- Successful with non visual clients or who have difficulty with imagination
- Allows forgiveness and wisdom to be gained from past events
- Sends a message to the body/cells/DNA the trauma is over
- Resources the client and rewrites the past
- Naturally utilises the law of attraction in a very powerful way

Programme and Registration Details

11 September Friday	12 September Saturday	13 September Sunday	14 September Monday	15 September Tuesday
EFT level 1 & 2	EFT level 1 & 2	EFT level 1 & 2	Matrix Reimprinting	Matrix Reimprinting
Early bird fee € 300 + 21% VAT Full fee € 350 + 21% VAT*			Early bird fee € 230 + 21% VAT Full fee € 280 + 21% VAT*	
COMBO: 5 days - EFT level 1 & 2 and Matrix Reimprinting Course				

* Early bird fee is applicable until the 31 July 2009. Thereafter the full fee will be applied.

Each course fee includes:

- exclusive training with Karl Dawson
- relevant reading materials
- Coffee and tea (lunch will be paid individually onsite by each attendees)

Further details

Places are limited so please reserve your seat immediately

Reservation deposit: £ 50 per course (approx € 57)

Cancellation policy: no refunds will be made

REGISTER

If you wish to take part please visit

www.eftrainingcourses.net/eft_matrix_courses_brussels.htm

Or

contact Natasha Abudarham on +32 476 579 399 or email info@natashaabudarham.com

For more information on Karl Dawson

Interviews with Karl Dawson <http://www.eftrainingcourses.net/matrixreimprinting.htm>

Website links

www.eftrainingcourses.net

www.efcoursesuk.com

Karls DVD sets include

- Matrix Reimprinting
- EFT for the Prevention and Treatment of Serious Disease
- EFT with META-Medicine (also featuring Richard Flook)
- EFT Level 1 & 2 Practitioner Training

EFT Level 1 & Level 2 Practitioner Course (3 days)

Date: 11 - 13 September

Time: 9.15 - 17.30 hrs

Price: Early bird € 300 + Belgian VAT (21%) until 31 July / € 350 + Belgian VAT (21%) after 31 July

Deposit: £ 50 approx € 57 (full payment has to be done within 2 weeks of deposit)

Location: Brussels, to be confirmed

Certification: Recognised by AAMET (www.aamet.org)

Notes: *These two levels of EFT Certification have been combined into a single course*

Programme

EFT LEVEL 1 Certification - 1 day

- Brief history of EFT
- Understanding the concepts of EFT and connections to existing therapies and healing modalities
- The discovery statement upon which EFT is based and the incredible implications this has in the healing process
- Understanding and experiencing the effects of energy system disruptions
- Psychological reversal - a new understanding of the reasons we don't heal and simple techniques to overcome this very common obstacle
- The 'basic recipe'. Learn the full EFT protocol, with demonstrations and experiential practice
- EFT shortcuts - learn ways to streamline this already quick and elegant therapy
- Techniques to greatly improve the effectiveness of EFT - including the importance of being specific, dealing with shifting aspects of memories and emotions, special points and being persistent
- Discover the wide range of physical and emotional issues for which EFT is effective and the few areas where EFT shouldn't be used
- Testing the effectiveness of treatments and how to handle situations that can arise
- Learn and experience other EFT techniques - including the 'tearless trauma technique', the 'movie technique', 'chasing the pain' and the 'personal peace procedure'
- The importance of energy toxins and how to eliminate their effects
- Understanding cognitive shifts - what verbal and physical signs to expect
- Lots of practice working with and experiencing the incredible results of EFT on your own issues
- Experience working with bothersome memories, phobias and addictive cravings
- What to do when EFT doesn't work.

EFT LEVEL 2 Certification - 2 days

- Principles from The Palace of Possibilities - understanding how our lives, the people with whom we have interacted and the situations we have found ourselves in the past, cloud and become the focus and filters through which we see and experience life now
- Using affirmations with EFT. Understanding the reasons why these potentially incredible methods of focusing our intention and creating our desired reality often fail to work. Also how we can use EFT to remove these obstacles and create the future we desire
- Additional tapping points. Learn other meridian points that can be added to aid EFT treatments
- Ways to inject more gentleness into the EFT procedure - the 'gentle' techniques: the 'tearless trauma' technique, 'chasing the pain' and 'sneaking up on the problem'
- Ways to find core issues - questions and techniques to get to the core issues and root causes of physical and emotional problems
- Addressing physical issues - methods to get to the core issues and emotional reasons behind physical issues and disease
- Further methods for testing results - determining whether an issue has been completely collapsed and how to look for remaining aspects
- Working with EFT by telephone - including exploring the many benefits of using EFT over the telephone
- Delivering EFT in groups - looking at the application, uses and many advantages of group tapping
- Borrowing benefits - see and experience the many powerful positive side effects when using EFT in groups.

Matrix Reimprinting course - 2 days

Date: 14 - 15 September

Time: 9.15 - 17.30 hrs

Price: Early bird € 230 + Belgian VAT (21%) until 31 July
€ 280 + Belgian VAT (21%) after 31 July

Deposit: £ 50 approx € 57

Location: Brussels, to be confirmed

Certification: Recognised by AAMET (www.aamet.org)

This course is the perfect add on to Level 1 and Level 2 as it allows healing to occur at a much faster and deeper level. These 2 days will allow for deep personal healing whether you intend to use it for yourself only or for clients.

- The science behind Matrix Reimprinting and how we are all connected in a unified energy field, know as 'The Matrix'
- What happens when we experience trauma and how it affects our lives on every level thereafter
- The latest scientific understanding on trauma, the freeze response and how part of us splits off and goes into the matrix during traumatic events
- How these dissociated parts of ourselves become ECHOs (Energy Consciousness Holograms)
- Ways in which you can interact with these ECHOs in the matrix to release the trauma that they are holding for you
- Methods to change the negative pictures that you hold in the matrix, which are affecting your health and well-being on every level

Also included:

- Matrix Image Reimprinting Technique
- Matrix Memory Reimprinting Technique
- Matrix Pre-Conscious Reimprinting
- Matrix Habit Reimprinting
- Matrix Trauma Reimprinting
- Matrix Core-Belief Reimprinting
- Matrix Allergy Reimprinting
- Matrix Phobia Reimprinting
- Matrix Surrogate Reimprinting
- Matrix Future Reimprinting
- Matrix Resolution Reimprinting

plus much, much more

Who should take part in the 5-day Combo course?

Everybody and anybody who wishes to work on their own inner healing to release their past to make way for their future.

For those who wish to help family and friends lead happier and more fulfilling lives.

All kinds of professions are recognising the benefit of combining EFT with their daily work to help their clients move forward in their life at a much quicker pace.

For example:

- if you are in any kind of medical profession
 - if you are involved in holistic practices or alternative healing
 - all kinds of coaches & therapists
 - teachers
 - if you currently use EFT and have learned through watching DVD's
 - to complement and enhance skills such as Hypnotherapy, Psychology, NLP
- plus many more*

During the 5 days, not only will you learn how to use these remarkable techniques, you will also benefit from personal healing.



REGISTER

If you wish to take part please visit

www.eftrainingcourses.net/eft_matrix_courses_brussels.htm

Or

contact Natasha Abudarham on +32 476 579 399 or email info@natashaabudarham.com

